FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washin

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

D O 00540	
gton, D.C. 20549	OMB APPROVA

027	
OMB Number:	3235-028
Estimated average bu	ırden

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

cuant to Section 16(a) of the Securities Evolution Act of 1024

instruction 1(b).	•			ection 30(h) of the Inv					4			
1. Name and Addre		Person*		suer Name and Ticker DISE CASCAD						ationship of Reportir k all applicable) Director	ng Person(s) to Is	
(Last) HWY 12 VENT P.O. BOX 1718		(Middle)		ate of Earliest Transac 31/2003	ction (M	onth/E	Day/Year)		Officer (give title below)	Other below	(specify	
P.O. BOX 1/18		4. If	Amendment, Date of 0	Original	Filed	(Month/Day/Y	6. Indi	6. Individual or Joint/Group Filing (Check Applicable				
(Street) BOISE (City)	ID (State)	83701 (Zip)							X	Form filed by On Form filed by Mo Person		
		Table I - Nor	-Derivative	Securities Acqu	ıired,	Disp	oosed of, o	or Bene	eficially	Owned		
1. Title of Security	/ (Instr. 3)		2. Transaction Date (Month/Day/Yea			nsaction le (Instr. Disposed Of (D) (Instr. 3, 4 and 5) Securities Beneficially Owned Folio		Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock										4,490	D	
		Table II -	Derivative S	Securities Acqui	red, D	ispo	sed of, or	Benef	icially C) Wned		

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Nun of Deriva Securi Acquii (A) or Dispos of (D) (Instr. and 5)	tive ties red sed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Purchase Option	\$2.5							07/01/2003	(1)	Common Stock	1,151		1,151	D	
Purchase Option	\$2.5	12/31/2003		A		1,590		07/01/2004	(1)	Common Stock	1,590	\$2.5	1,590	D	
Stock Option (Right to Buy)	\$37.0625							08/01/1998	07/31/2007	Common Stock	1,500		1,500	D	
Stock Option (Right to Buy)	\$38.75							07/30/2000	07/30/2009	Common Stock	1,500		1,500	D	
Stock Option (Right to Buy)	\$36.2							07/31/2002	07/31/2011	Common Stock	2,000		2,000	D	
Stock Option (Right to Buy)	\$28.99							07/31/2003	07/31/2012	Common Stock	2,500		2,500	D	
Stock Option (Right to Buy)	\$24.79							07/31/2004	07/31/2013	Common Stock	3,000		3,000	D	

Explanation of Responses:

1. Option expires three years following option holder's termination as a director of the company.

Remarks:

Karen Gowland POA for Gary 12/31/2003

G. Michael ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.